



The Crawford Clinic

1900 Leighton Avenue Suite 101 Anniston, Alabama 36207
Phone: 256-240-7272 Fax: 256-240-7242

Colon Procedure

Pre-operative Instructions

1. Do not eat or drink anything after midnight the day before surgery.
2. Start your colon prep the day before the procedure at 8 am. Drink clear liquids for the rest of the day. Let the pre-operative nurse know if your bowel movements are not clear the day of surgery.
3. If you have blood pressure medications or other medications that are necessary to take every day, it is OK to take them with a sip of water the morning of surgery around 6 am.
4. If you are on medications that thin your blood (warfarin, Coumadin, Plavix®, clopidogrel, Arixtra, St. John's Wort, etc.), please contact the office to obtain specific instructions. Otherwise stop all of these medications 5 days prior to surgery.
5. Aspirin 81 mg is OK to take if it is the only blood thinning medication you are taking.
6. If you are a diabetic and on diabetic pills, do not take these pills the morning of surgery.

Call The Crawford Clinic right away if:

- You develop a fever over 101.5°F (38.5°C).
- You become dizzy and faint.
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.

Call during office hours if:

- You have questions about the procedure.
- You want to make another appointment.