



# Fistula in Ano Repair

## Post-op Instructions

### 1. **Fistula-in-Ano:**

- Apply Silvadene cream to anus until pain has resolved at least twice a day.
- Cover Silvadene with a dry pad each time it is applied.
- Once the pain resolves cover the wound with Neosporin.
- Remove the dressing when you have to have your first bowel movement.
- If the dressing comes off, leave it off.
- Some bleeding is normal.
- Take stool softener every day until pain resolves.
- If stool is hard with Colace, take 1 tbsp. of mineral oil with each meal until soft.
- Nothing per rectum unless cleared by Dr. Crawford or on call physician.
- A Sitz bath after each bowel movement may help if you have pain with bowel movements.
- You may have to rinse anus with a removable shower head to remove old Silvadene cream and stool.

### 2. **Fistula-in-Ano with seton placement**

- You will have pain until the seton is removed. This is normal
- You will drain from the wound until the seton is removed. This is normal
- The pain will worsen when the seton is tightened in the office.

### ***Call The Crawford Clinic right away if:***

- You develop a fever over 101.5°F (38.5°C).
- You are unable to urinate.
- If you have continual pain one week past the operation.
- If you continue to have significant bleeding one week past the operation
- You become dizzy and faint.
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.
- You have abdominal pain or swelling that gets worse.

### Call during office hours if:

- You have questions about the procedure or its result.
- You want to make another appointment.
- If you require more pain medication.