Fistula in Ano Repair

Post-op Instructions

1. Fistula-in-Ano:
   - Apply Silvadene cream to anus until pain has resolved at least twice a day.
   - Cover Silvadene with a dry pad each time it is applied.
   - Once the pain resolves cover the wound with Neosporin.
   - Remove the dressing when you have to have your first bowel movement.
   - If the dressing comes off, leave it off.
   - Some bleeding is normal.
   - Take stool softener every day until pain resolves.
   - If stool is hard with Colace, take 1 tbsp. of mineral oil with each meal until soft.
   - Nothing per rectum unless cleared by Dr. Crawford or on call physician.
   - A Sitz bath after each bowel movement may help if you have pain with bowel movements.
   - You may have to rinse anus with a removable shower head to remove old Silvadene cream and stool.

2. Fistula-in-Ano with seton placement
   - You will have pain until the seton is removed. This is normal
   - You will drain from the wound until the seton is removed. This is normal
   - The pain will worsen when the seton is tightened in the office.

Call The Crawford Clinic right away if:

- You develop a fever over 101.5°F (38.5°C).
- You are unable to urinate.
- If you have continual pain one week past the operation.
- If you continue to have significant bleeding one week past the operation
- You become dizzy and faint.
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.
- You have abdominal pain or swelling that gets worse.

Call during office hours if:

- You have questions about the procedure or its result.
- You want to make another appointment.
- If you require more pain medication.

George Isaac Crawford, Jr. MD