



# Incisional Breast Biopsy

## Post-op Instructions

### 1. Incisional Breast Biopsy

- Feeling or hearing fluid moving around in the breast is normal.
- It is normal for your breast to be a little sore.
- Black and blue bruising around the incision is normal.
- If you experience severe swelling and tenderness around the incision, call the office immediately.

### 1. Dressing Care

- **Dermabond® Dressing Care (superglue without a dressing):**
  - OK to shower day of surgery.
  - Lift nothing heavier than gallon milk jug or 5lbs for 1 week.

OR

- **General Wound Care Instructions for Closed Incisions with dressings:**
  - Dressing should be kept dry for 48 hours.
  - Remove outer dressing and OK to shower in 48 hours.
  - If you have staples, they will be removed in 1-2 weeks after the operation in the office.
  - Leave Steri-Strips in place.
  - No soaking in the tub or swimming for 1 week.

Call The Crawford Clinic right away if:

- You develop a fever over 101.5°F (38.5°C).
- You have redness, swelling, pain, or drainage from the incisions.
- You become dizzy and faint.
- You have chest pain.
- You have nausea and vomiting.
- You become short of breath.
- You have abdominal pain or swelling that gets worse.

Call during office hours if:

- You have questions about the procedure or its result.
- You want to make another appointment.
- If you require more pain medication.